





STRENGTHENING HIV SELF TESTING IN THE PRIVATE SECTOR



Follow **@sfhprosh** on     Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit? **WhatsApp 09169777000**

SELF-TESTING EXPLAINED

Along side the conventional HIV testing method (going to a health care facility where a trained medical professional collects blood sample for testing) there is an additional option available that enable you to know your status:

HIV Self-testing enables you carry out your HIV test at a time and place convenient for you offering confidentiality, privacy, and comfort.







ORAQUICK KEY MESSAGING

The **OraQuick HIV Self Test kit** is very easy to use, and it uses technology very similar to a pregnancy test kit, but it detects the specific antibodies to HIV (not actual HIV).

The OraQuick HIV Self -Test requires an easy and pain free swab of the gums which the test kit picks up automatically.

After carrying out 3 simple steps you have a short 20-minute wait until you know your own status.





You are the first person to **#KnowYourStatus**.

DO NOT eat or drink for at least 15 minutes before you start the test or use mouth cleaning products 30 minutes before you start the test.

If you are currently participating in an HIV-related clinical trial,

Or you are currently taking ARVs,

Or you are currently taking PrEP, you should not use Oraquick HIVST kit, as these might give you a false negative result.

Follow @sfhprosh on     Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit? **WhatsApp 09169777000**

ORAQUICK HOW TO USE

Your test kit contains two pouches.



When you are ready open the pouch containing the tube.

>>> Step 1:



1. Remove the tube from the pouch.

>>> Step 2:



2. Remove the cap
DO NOT pour out the liquid. Do Not drink the liquid.
Slide the tube into the stand.

ORAQUICK HOW TO USE

>>> Step 3:



3. Tear open the pouch containing the test device. DO NOT touch the flat pad with your fingers.

>>> Step 4:



4. Press the flat pad firmly against your gum and swab it along your upper gum once and your lower gum once.

ORAQUICK HOW TO USE

>>> Step 5:



5. Put the flat pad all the way into the tube until it touches the bottom.

>>> Step 6:

20 min.



6. Leave it there and start timing 20 minutes. The test needs to remain upright while it runs.

After 20 minutes your test will be completed, and you will be able to move on to read Your Result.

DO NOT read the result after 40 minutes.

INTERPRETING THE RESULT

The test window will turn pink for a few minutes. Do not read your results before 20 minutes. Once your results are ready, you must read between 20 and 40 minutes from the start time.



The **C-line** confirms if the test has worked.
IF the **T-line** also appears even if it's faded, the test is reactive.

IF the **T-line** does not appear then the test is non-reactive

IF there is no line next to the "**C**" (even if there is a line next to the "**T**") or a red background makes it impossible to read the test, the test is not working.

NB: You will need to obtain another test kit and test again or go to your nearest HIV testing centre or health facility for additional testing.

Once finished discard the test kit in the disposable bag provided, protecting your privacy.





MYLAN KEY MESSAGING

The **Mylan HIV Self-Test** is a single-use, rapid in-vitro diagnostic test for the detection of antibodies to HIV-1 and HIV-2 in whole blood.





The Mylan HIV Self-Test is intended to be used by untrained users in a private setting as a self-test to aid in the diagnosis of HIV-1 and HIV-2 from samples of fresh, whole blood obtained through a fingerstick blood collection technique.

Follow strictly manufacturer instructions for use of the test procedure (especially adherence to reading time).

DO NOT USE IF :

- The test device pouch is broken.
- You have a bleeding disorder.
- You are on Antiretroviral Therapy (ART).
- You are currently participating in an HIV-related clinical trial,
Or you are currently taking ARVs,
Or you are currently taking PrEP, you should not use Mylan HIVST kit, as these might give you a false negative result.

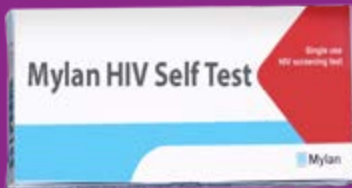
Blood can transmit infectious diseases. Clean up spills.

Follow @sfhprosh on     Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit? **WhatsApp 09169777000**

MYLAN HOW TO USE

As soon as you open your Mylan HIV self-test kit, you will find a foil pouch containing the self-test kit, a bottle of test fluid instructions and a plastic waste bag for discrete disposal.

Before you open the foil pouch check the expiration date to make sure it is still current. Open the foil pouch using the tear notch and take out the test. Do not use the test if the foil pouch is damaged.



Before you start the test unfold the instructions and read them carefully to get familiar with the testing process.



You will need **a timer** to check the test results at the right time and correctly interpret.

MYLAN HOW TO USE



Now **wash and dry your hands** to make sure they are clean.



Select a finger and **firmly massage** it for 5 to 10 seconds to get the blood flowing.

MYLAN HOW TO USE



To remove the **green tab** first gently turn then take it out, now discard it.

Push grey button in to prick finger with integrated lancet!



The **grey button** is used to prick your finger it can only be used once.
Firmly push the grey button in to prick your finger, remember it only pricks once.



Now place the test down on the instructions sheet in the bottom right corner this will make it easier to fill the tube with blood
Squeeze firmly behind the prick site on the finger

MYLAN HOW TO USE

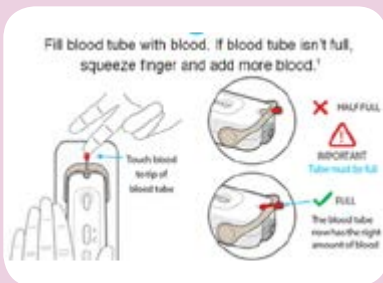
For the next step you should not pick up the test it should stay on the table

Hold your finger in a downward position and gently touch the blood to the tip of the tube so that the tube fills with blood. Avoid touching the tube with your skin. Do not force blood into the tube, if there is enough blood on your finger the blood will be drawn into the tube automatically. If the tube is not full, squeeze your finger again behind the prick site. If you're having trouble filling the tube or blood has smeared on your finger, take a moment and wipe your finger clean.

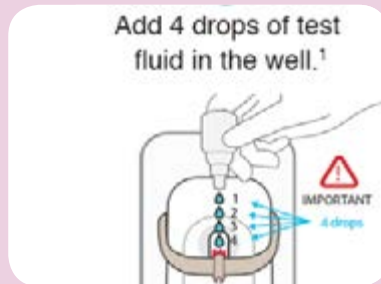


MYLAN HOW TO USE

Don't pinch your finger in front or to the side of the prick site as this will reduce blood flow. Instead make sure you firmly squeeze your finger behind the prick site to get more blood and touch the blood to the tip of the tube.



If necessary, repeat until it is full this will ensure the test kit has the correct amount of blood. Hold the test kit on the table and flip the tube over using its support arm until it stops. Check to make sure the blood has moved from the tube into the well.



Then set your timer and wait 15 minutes before reading the result. Reading the result before 15 minutes could give you a false result, however, do not wait longer than 20 minutes.



INTERPRETING THE RESULTS

■ Match the lines in the results area of the test kit with the coloured boxes on the instructions. It is the lines next to the **C** and the **T** which tell you your results.

■ Look in the red box called HIV positive. If a line appears next to the **C** and a line also appears next to the **T** you have tested HIV reactive even if the line next to the **T** is faint.

■ Look in the orange box called test did not work. If no line appears next to the **C** line, then the test did not work even if a line appears next to the **T**.

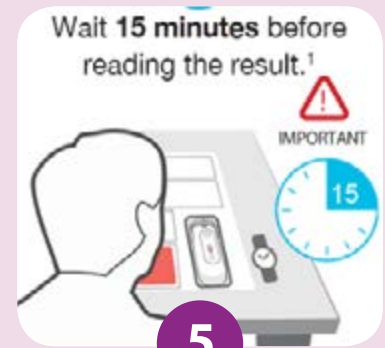
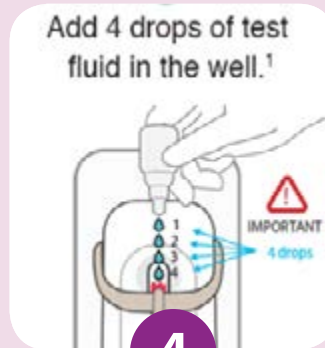
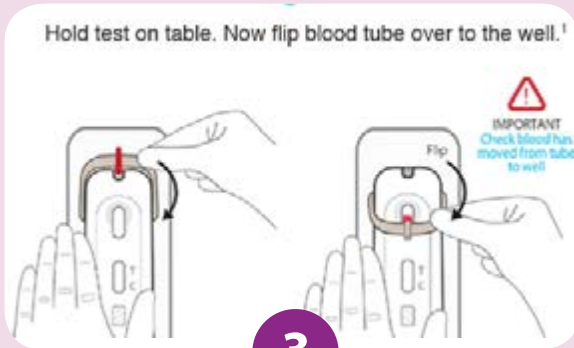
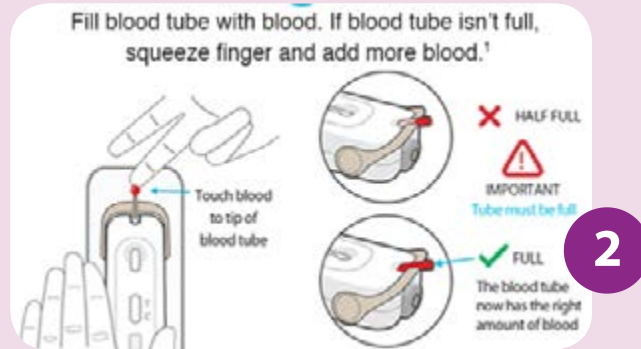
■ Look in the green box called HIV negative. If a line appears next to the **C** but no line appears next to the **T** you have tested HIV non-reactive.

■ You should test again in 3 months, now that the test is finished you can dispose the test kit by putting all the test materials in the plastic bag provided and placing it in a rubbish bin.

NB

1. When you're filling the blood tube keep the device on the table the entire time.
2. Hold your finger in a downward position, gently touch the blood to the tip of the tube.
3. Avoid touching the tube with your skin.

EASY TO USE



EASY TO USE

Easy to interpret result in just 15 minutes

HIV negative

If one line appears at the **C**, you tested HIV negative. There must be no line at the **T**. This is a screening test. Test again after 3 months.



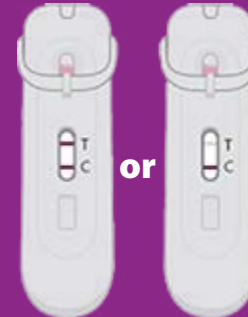
Test did not work

If no line appears at the **C**, the test did not work. This is a screening test. Go to a clinic for further testing.



HIV positive

If two lines appear, even if faint, you tested HIV positive. This is a screening test. Go to a clinic for further testing.



>>> **C: Control; T: Test**

Important Note: Instructions for use that comes with the pack should be read carefully before performing the test.





INSTI® KEY MESSAGING





INSTI® HIV Self Test is designed as a single use at home HIV test kit that allows you to get results in the comfort of your home and at a time that works best for you.

Sample, pour and read your results immediately.
It's that easy.

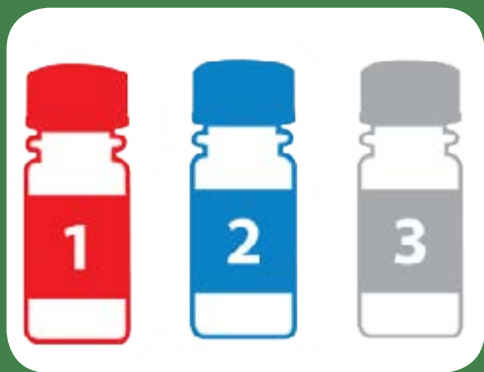
The test uses simple flow-through technology to detect HIV-1 and HIV-2 antibodies using a drop of human fingerstick blood.

The test is intended for use by untrained users as a self test to aid in the diagnosis of HIV-1 and HIV-2 infection using a small drop of blood obtained through fingerstick collection procedures.

Simple design. No timers, No fuss.

Follow @sfhprosh on     Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit? **WhatsApp 09169777000**

THIS TEST CONTAINS:



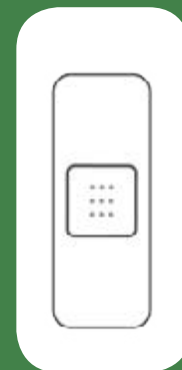
Bottle 1, 2, 3



Lancet
CE 0050
STERIL | R



Test Device



Bandage

STEP 1: COLLECT BLOOD

If you have trouble collecting blood,

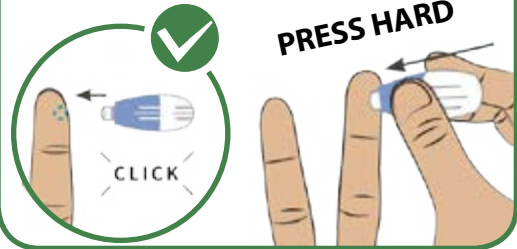
1. Twist and pull out lancet tip. Discard tip.



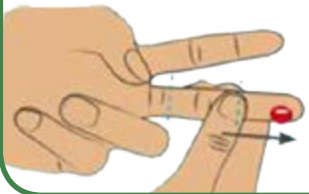
2. Rub finger and hand to increase blood flow.



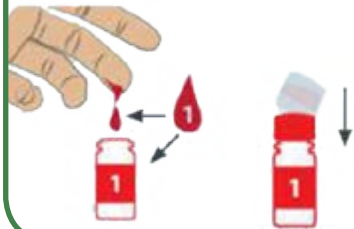
3. Place lancet on the side of finger tip.



4. Rub finger to create a LARGE drop of blood.



5. Let 1 drop FALL into Bottle 1.
Twist on cap of Bottle 1.



6. Apply adhesive bandage.



STEP 2: TEST

1. Shake and pour all liquid. Wait until liquid disappears.



2. Shake and pour all liquid. Wait until liquid disappears.

TIP: You may need to gently tap Bottle 2 to get all the liquid out.



3. Shake and pour all liquid. Wait until liquid disappears.



STEP 3: READ RESULT

Read result right away to within 1 HOUR.

Your test result is non-reactive.



NEGATIVE

Two dots means your test result is positive. You are probably HIV reactive.

Note: Positive results MUST be confirmed from a health care facility.



POSITIVE

Your test did not work. Control dot must appear to indicate that the test has been performed correctly.

TIP: One dot may be lighter than the other. In rare instances, a faint ring may appear at the test dot; this is a reactive result.



INVALID





3H-VIRALCHECK KEY MESSAGING





3H-VIRALCHECK (Triple Viral) Combo Test is a rapid and convenient test kit for the detection of HIV1 and HIV 2 virus-antibodies, HBsAg (Hep. B) and HCV antibodies (Hep. C) respectively, in human whole blood.

It is used as a screening test to aid in the diagnosis of HIV, Hepatitis B and Hepatitis C Virus, which can detect in whole blood, plasma or serum.

This assay provides only a preliminary result, and all positive results should be confirmed with other test kits in the national testing algorithm.

3H-Viral Check Test kit is a convenient 3-in-1 test cassette that eliminates the need to separately test for HIV, HCV and HBV infections.

- First HIV, HCV and HBV combo kit in Nigeria to be approved by NAFDAC.
- No cross reaction (Sensitive and Specific)
- Early detection of viruses **14-21** days after exposure.
- Reliable with **99%** accuracy. (NAFDAC/ MLSCN Certified).
- Results in **10 -15** minutes.
- Simple, and easy to use.

Follow @sfhprosh on     Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit? **WhatsApp 09169777000**

HOW TO USE 3H-VIRAL CHECK

Test Procedures



PREPARING YOUR SAMPLE

SITE: Place all the package contents on your activity desk (table).



OPEN THE ALCOHOL SWAP:

Tear the alcohol pad silicon nylon to remove the alcohol swab.



CLEAN THE FINGER WITH THE

ALCOHOL SWAB: Grab the 4th finger of the patient left hand, allow the finger to dry before pricking.



OPEN THE LANCETS:

Prick patient fingers to get a drop of blood.



GENTLY SQUEEZE OR MASSAGE

FINGER TIPS: Squeeze or massage finger tips until a round of blood forms on your finger tips.



USE THE DROPPER:

Touch the round of blood by using the attached dropper. Apply gently the extremity of blood.



ADD BLOOD WITH THE

DROPPER: With the dropper, add one 1 full drop of the blood without air bubbles into the sample.



ADD SAMPLE BUFFER:

Wait for 20-30 sec. Hold the sample dropper vertically. Add 1 full vial of the assay buffer to the sample.

INTERPRETING THE RESULT

NEGATIVE:

A pink line appears only in the control region (**C**), indicating a negative result for HIV, HBV, and for HCV infections.

POSITIVE:

A pink control line (**C**) and detectable test line (**T1-T3**) appears, indicating positive result for HIV, HBV, and/or HCV infections. Line **T1**: HIV Positive, Line **T2**: HBsAG Positive, Line **T3**: HCV Positive.

INVALID:

NO visible line appears at the control (**C**). Repeat with a new test device.

**NB: Do not reuse. Do not use after expiry date.
Store in dry cool place away from the reach of children.**









CHECKNOW KEY MESSAGING

The CheckNOW HIV SELF TEST lets you know your HIV status in just 15 minutes. Test in the privacy and comfort of home using a simple finger prick method. Our 3rd generation HIV testing technology detects HIV-1 and HIV-2 antibodies in a finger prick blood sample.

Follow strictly manufacturer instructions for use of the test procedure (especially adherence to reading time).

Do not use if :

- the test device pouch is broken.
 - you have a bleeding disorder.
 - you are on Antiretroviral Therapy (ART).
- If you are currently participating in an HIV-related clinical trial,
- Or you are currently taking ARVs,
- Or you are currently taking PrEP, you should not use CheckNOW HIVST kit, as these might give you a false negative result.

Follow @sfhprosh on     Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit? **WhatsApp 09169777000**

TEST PREPARATION STEPS

Step 1: Preparation

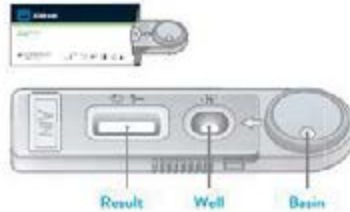
1 Prepare a Timer and Tissue.



 Not included in the kit, but needed.

2 Open and place all materials on a flat and clean surface with bright light.

A Test device



B 2 Alcohol Pads



C Plaster



D Buffer



G Use kit bag as disposal bag




E Specimen Dropper



F Lancet



 It only pricks once!

Step 2: Blood Collection

3 Wash hands in warm water and dry. If no warm water is available, rub your hands together.



4 Choose ring finger or middle finger.



Avoid dominant hand.

5 Massage and rub your hand & finger to increase circulation.



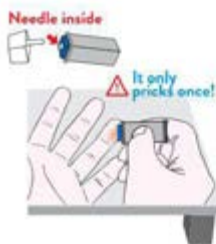
6 Clean your finger with **B** Alcohol Pad. Let it dry for 10 seconds.



TEST PREPARATION STEPS

Step 2: Blood Collection

7 Remove the Lancet cover.



8 Press the **1** Lancet against the finger until it clicks.



9 Massage from the base to the tip, let **2 drops** of blood fall into the Basin. If you are having difficulty, wipe finger clean and squeeze again.

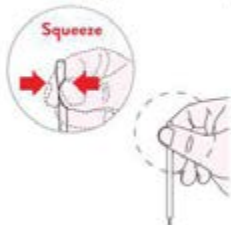


10 Wipe finger with **2** Alcohol Pad and apply the **3** Plaster. If needed, press on the plaster to stop bleeding. Start next step immediately to transfer blood.

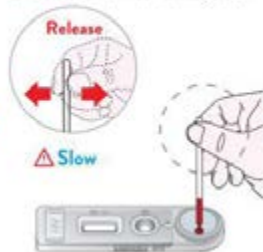


Step 3: Test

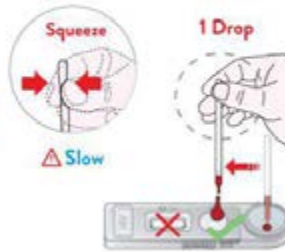
11 Squeeze the top of the **4** Specimen Dropper all the way down and hold while dipping into the blood sample.



Dip the dropper into the blood in Basin and release slowly to draw blood into the dropper. **△** Avoid bubbles when drawing blood.




Place dropper over the Well labelled **S**. Squeeze the top of the dropper to apply **1 drop** of blood into the Well labelled **S**.

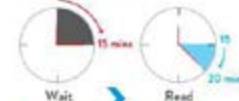



TEST PREPARATION STEPS

Step 3: Test


12 Hold  Buffer bottle vertically and apply 1 drop of Buffer into the Well labeled S.

13 Start the Timer. Read the result in 15-20 minutes, do not read past 20 minutes.



See flip side for STEP 4: Read Result

Number: 1156182105



Step 4: Read Result

14 Read test result in 15-20 minutes.

Read result in a well to assay

Control Line





Test Line

PLACE YOUR SELF-TEST HERE

NON-REACTIVE
(Negative)

REACTIVE
(Positive)

TEST DID NOT WORK
(Invalid)



A line appears only in the C area. There is no line in the T area. The test did not detect the presence of HIV. However, very recent exposure cannot be excluded. It is recommended to conduct a retest after 6 weeks from latest risk of exposure to HIV.

One line in the C area, together with one line in the T area, no matter how faint, indicates the potential to be HIV positive.

Consult a health care provider. A reactive result must be confirmed by a lab test. (Protect yourself and others.) Avoid any activity that could transmit HIV to others.

If no line appears in the C area, even if a line appears in the T area, the test did not work.

Test again using a new kit or consult a health care provider.

TEST PREPARATION STEPS

Step 5: Disposal

15 Place all used components back into the kit bag.



16 Seal the kit bag tightly.



17 Throw away the kit bag in waste bin or household rubbish.



Blood can transmit infectious diseases
Clean up spills

Dispose in accordance to
local regulations

FREQUENTLY ASKED QUESTIONS

How is HIV transmitted?

- Body fluids from an HIV infected person
- Blood, semen, pre seminal fluid, rectal fluids, vaginal fluids, breast milk
- Contact with a mucous membrane (found inside the rectum, vagina, penis, and mouth).
- Damaged tissue.
- Directly injected into bloodstream.

How accurate is the OraQuick HIV Self Test?

The OraQuick HIV Self Test is proven to be extremely effective at diagnosing HIV. Extensive research and advancements in technology have evidenced this kit to be exceptionally usable and tremendously accurate when performed correctly.

The OraQuick HIV Self Test has proven accuracy of **>99.7%**.

It has a proven clinical sensitivity (if a person has HIV how often the test will be positive) of **>99.9%**, and a proven clinical specificity (if a person doesn't have HIV how often will the test be negative) of **>99.8%**.

What Behaviours and conditions, put individuals at greater risk of contracting HIV?

- Having unprotected vaginal or anal sex with an infected person
- Having another sexually transmitted infection such as syphilis, herpes, chlamydia, gonorrhoea, and bacterial vaginosis.

FREQUENTLY ASKED QUESTIONS

- Sharing contaminated needles, syringes and other injecting equipment and drug solutions when injecting drugs
- Receiving unsafe injections, blood transfusions, tissue transplantation, medical procedures that involve unsterile cutting or piercing
- Experiencing accidental needle stick injuries, including among health workers

What is Window-period?

Most widely used HIV diagnostic tests detect antibodies produced by the person as part of their immune response to fight HIV. In most cases, people develop antibodies to HIV within **28 days** of infection. During this time, people experience the so-called “**window**” **period** – when HIV antibodies haven’t been produced and when they may have had no signs of HIV infection, but also when they may transmit HIV to others. After infection, an individual may transmit HIV to a sexual or drug-sharing partner or for pregnant women to their infant during pregnancy or the breastfeeding period.

What happens if my test result is NEGATIVE?

It is important to know if it has been more than **3 months** since your last risk event. If it has, and you have performed the test correctly, then you are likely to be HIV negative. If it has been less than **3 months** since your risk event, you need to test again in **3 months**. If you are unsure, seek advice.

FREQUENTLY ASKED QUESTIONS

What is the HIV Self Test?

HIV Self Test is a process in which a person collects their own specimen (oral fluid or blood) using a simple rapid HIV test and then performs the test and interprets their result, when and where they want.

What happens if my test result is POSITIVE?

Being HIV positive is a manageable condition and people living with HIV can live long, active, and healthy lives.

Self Test is a screening test and getting a reactive test result does not necessarily mean that you have HIV.

If the test result is positive, you need to go for follow up testing at a healthcare facility.

Early diagnosis of HIV means treatment can start sooner.

Only your doctor or healthcare professional can recommend what treatment is right for you. If you are diagnosed as HIV positive, you will be connected to counselling services and, dependent on your condition, may be given antiretroviral (**ARV**) treatment.

What happens if my test doesn't work?

The test will not give a result if it is not performed correctly. You need to repeat the test using a new test kit.

If you are unsure if you have performed the test correctly, please speak to your doctor or healthcare professional.

NON REACTIVE RESULT

As with many tests, there is a chance for false results. To reduce the chance of false results, be sure to follow the instructions and use the test correctly. If you have a non negative result but you were involved in an HIV-risk activity in the past **3 months**, you could be in what is called the **“window period”** and it is recommended to repeat testing at a later date.

REACTIVE RESULT

Visit the nearest health care facility for a confirmatory test. Inform the provider at the health facility that you have performed a self test for HIV. All reactive results must be confirmed by using the national algorithm.

You can find out more information about where to go for confirmatory testing by sending **“Hi”** on WhatsApp to **09169777000**

WHAT NEXT AFTER A REACTIVE RESULT?

Having HIV does not mean you have AIDS. With early diagnosis and treatment, it is unlikely that you will develop AIDS.



Follow **@sfhprosh** on    
Chatbot and NCCH toll free line: **Call 6222 for free**
Need help or support using an HIV self-test kit?
WhatsApp 09169777000